

Awareness Program on Women's Health and Hygiene.  
Date: 17/10/2019.

A series of Awareness program on Women's Health and Hygiene is organized by Women's Cell in collaboration with the IQAC, Abhayapuri College on 17<sup>th</sup>, 19<sup>th</sup>, 21<sup>st</sup> October 2019 at 11 AM in Seminar Hall for the girl students of the college.

The purpose of organizing this program is to make aware about the health issues and hygienic conditions to be adopted by a woman as an individual in keeping herself clean and healthy. The program focussed on Health issues during Menstruation and on Menstrual Hygiene Management.

The Members present are

1. Dr. S. Nath (principal)
2. Prof. S. K. Kalita (vice-principal)
3. Bhagabati Nayak 17/10/19
4. Nur Rahman Bhuyan 17/10/19
5. S. Anuradha
6. Nazmia Ahmed 17/10/19
7. Rejina Sultana
8. Pari Das
9. Nirinam 17/10/19
10. Joyal Abedin
11. Robiqul Islam
12. Shyameli Bala Barman
13. Marufa Rabbani
14. Mahmuda Yesmin
15. Bandana Das
16. Mampi Mondal
17. Moushumi Ray
18. Nikita Chakraborty

19. Asma Begum.
20. Madheesha Kalita
21. Tajmim Rahmani
22. Skumari Ray.
23. Sonia Parbin.
24. Bibha Ray.
25. Nazrin Sultana
26. Dharmesha Choudhury
27. Kankana Ray
28. Sengmina Matak
29. Pinki Bala Ray.
30. Bedika Devi
31. Sushma Das
32. Shikha Biswas
33. Rupa Bhosmick
34. Nilufa Yesmin
35. Dhritima Das
36. Chandamita Das.
37. Papeja Paul
38. Nabanita Banikya
39. Shima Das.
40. Sonia Yesmine.
41. Jonmani Kalita.
42. Halima Khatun
43. Sobita Sharma Sharma
44. Kabita Das.
45. Nisha Das.
46. Chandini Devi
47. Deepshikha Das.
48. Kakali Nath
49. Pomi Sutradhar.
50. Mili Sutradhar.
51. Momtaz Begum.
52. Monika Ray
53. Mehamas Begum.
54. Bivanjali Das.

55. Dutga Shyannal
56. Alema Khatun
57. Moriom Khatun
58. Nikumoni Ray
59. Yesmina Pochin
60. Moriom Begum
61. Narjina Akter
- 62 - Bhummika Ray
63. Tinamoni Das
64. Paja Ray
65. Priyanka Singha
67. Jintimani Ray.
68. Rijumoni Ray.
69. Krishna Medhi
70. Nabarila Goswami
71. Jitumoni Ray
72. Rangumoni Ray
73. Manashi Das.
74. Barnali Ray
75. Gorima Medhi
76. Janali Ray
77. Bhasti Priya Ray
78. Neluca Sarkar
79. Hafija Khatun
80. Pranomi Ray
81. Jahamara Khatun
82. Fazizan Nessa.
83. Mousina Kausar
84. Azamora Begum.
85. Namrata Das.
86. Dipamoni Singha
87. Chimpi Sarma.
88. Kaljani Bala Barman.
89. Golapi Mandal.
90. Anita Sutradhar
91. Jonali Kalita

92. Najim Ahmed
93. Auna Nasrin.
94. Jyotsna Khatoon
95. Manisha Singha.
96. Provati Sutradhar.
97. Dilufa Khanom.
98. Manjira jaman.
99. Dipa Ray
100. Amisha Khatoon.
101. Hemolata Das
102. Rashmi Khatun
103. Monika Das.
104. Abida Khatoon.
105. Heena Das.
106. Nikita Ray
107. Pampa Barman
108. Anjana Ray
109. Anupama Ray
110. Dipanti Sarkar
111. Sagareika Baruah
112. Archana Ray.
113. Nandita Ray
114. Reema Ray
115. Shoma Sikder
116. Nazima Ahmed.
117. Chandana Mondal
118. Charipriya Nath
119. Hanipriya Ray.
120. Musruba Ahmed
121. Rashida Khatoon
122. Shavarissa Sultana
123. Moklima Khatoon.
124. Momota Begum
125. Selima Akter
126. Hemajyoti Barman
127. Jesmina Khatoon

128. Hosina Khatun.
129. Deepa Ghosh.
130. Sahana Parveen.
131. Karabi Ray
132. Sangita Ray.
133. Shabira Rahman.
134. Rumki Sen
135. Hasan Bilki's Zahan
136. Heramoni Ray.
137. Darshana Ray.
138. Barsha Singha
139. Janali Roy.
140. Sharmeswari Ray
141. Sangramitra Das.
142. Hiyamoni Ray.
143. Ankita Devi
144. Rijumoni Ray
145. Udesha Ray Meheri
146. Ritumoni Goswami
147. Amina Khatun.
148. Ratna Das.
149. Bishakha Das.
150. Roshonima Parbin
151. Adari Bepari
152. Rashmi Ray.
153. Sobita Sockar.

Awareness Program on Women's Health and Hygiene

Date 19/10/2019

The 2<sup>nd</sup> (Second) Series of talk on awareness on women's Health and hygiene ~~was~~ is organised on 19/10/2019 in college Seminar hall at 11 AM.

The program is organised into 3 series.

① Awareness of Health and hygiene in context to Menstruation; A general talk - prof. Surety Brahmachandhuri.

② Psychological effects during the Menstruation period. - Regina Suttana Dept of Education.

③ Biological process of Menstruation process - Dr. Peri Devi (Dept of Zoology).

The members present -

- 1 D. Moral.
- 2 Sewali Devi
- 3 Nur Rahman Bhuiyan
- 4 Frutima Ray
- 5 S. Pr. ...
- 6 Bhagabati Nayak. 19/10/2019
- 7 Nazim Ahmed.
- 8 ✓ Regina Suttana
- 9 Peri Devi.
- 10 Bishakha Das.
- 11 Roshonima Parbin
12. Adari Bepari
13. Ratna Das.
14. Abida Khatun.
- 15 Udeshma Ray Medhi
16. Ritumoni Goswami
17. Ankita Devi
18. Rijumoni Ray

19. Dharmeswari Ray .

20. Sanghamitra Das .

21. Hiyamoni Ray .

22. Janali Roy .

23. Barsha Singha

24. Darshana Ray

25. Rumki Sen

26. Niramoni Ray .

27. Shabika Rahman .

28. Sangita Ray .

29. Karabi Ray .

30. Sahana Paribeen .

31. Hasina Khatun .

32. Deepa Akash

33. Yesmina Parbin

34. Moriom Begum

35. Hemajyoti Barman

36. Selima Akter

37. Momotaz Begum

38. Keliya Sarkar

39. Sharminia Sultana

40. Rashida Khatun

41. Haripriya Ray

42. Dharpriya Nath

43. Shoma Sikder

44. Narzima Ahmed .

45. Chandana Mondal

46. Reema Ray

47. Nandita Ray

49. Archana Ray

50. Anupama Ray

51. Dipanki Sarkar

52. Sagatika Baruah

53. Anjana Ray

54. Pampa Barman

55. Heema Das.
56. Nikita Ray
57. Monika Das.
58. Rashmi Khatun
59. Hemolata Das.
60. Amisha Khatun.
61. Koushna Medhi
62. Rijumoni Ray
63. Jintimani Ray.
64. Priyanka Singha
65. Manashi Das.
66. Bamali Ray
67. Rangit moni Ray
68. Jitu moni Ray
69. Nabarika Goswami
70. Bhakti Priya Ray
71. Janali Ray
72. Gorima Medhi
73. Nazjina Akter
74. Habiba Khatun
75. Pranami Ray
76. Fazizan Nessa.
77. Jahmana Khatun
78. Mousina Kousar
79. Azorina Begum.
80. Kalyani Bala Berman.
81. Chimpi Sarma.
82. Namrata Das.
83. Dipamoni Singha
84. Golape Mondal.
85. Anita Sutradhar
86. Jonali Kalita
87. Nayim Ahmed
88. Proveti Sutradhar



89. Manisha Singha.
90. Jyotsna Khatoon
91. Auma Nasrin.
92. Dilruba Khanom
93. Manjira Juman
94. Dipa Ray
95. Hasan Bilkis Zahan
96. Jesonira Khatoon
97. Kakali Nath
98. Nikumani Ray
99. Kanakee Barman
100. Deepamani Barman
101. Bivrajali Das
102. Sanjita Das
103. Mehamas Begum.
104. Monika Ray
105. Momtaz Begam.
106. Mili Sutradhar.
107. Rupa Bhoomick
108. Shikha Biswas
109. Momi Sutradhar
110. Sushma Das
111. Bedika Devi
112. Nilufar Yesmin.
113. Shikima Das.
114. Chandamita Das.
115. Papiya Paul
116. Nabamita Banikya
117. Shima Das.
118. Sonia Jesmine.
119. Madheeraniita Kalita
120. Asma Begum.
121. Jommani Kalita.
122. Halima Khatoon
123. Sobita Sharmar
124. Nisha Das.
125. Chandini Dewi

124. Bhumika Ray  
125. Kabita Das.  
126. Tinamoni Das  
127. Puja Ray  
128. Skumari Ray.  
129. Tajmim Rahmani  
130. Sonia Parbin.  
131. Bibha Ray.  
132. Nazrin Sultana.  
133. Dharmistha Choudhury  
134. Kankana Ray  
135. Sengmina Marak  
136. Pinki Bala Ray  
137. Shyamli bala Basman,  
138. Sabita Sarker.

Awareness program on Women's Health and Hygiene.

Date 21/10/19

The 3<sup>rd</sup> Series of talk on Women's Health and Hygiene is organised in College Seminar Hall at 11AM.

Dr. Jyoti Devi (prof. of Zoology dept) delivered a lecture on Biological process of Menstruation with a powerpoint presentation.

The members present -

- 1 Prof. D. Moral.
- 2 Sewali Devi
- 3 Nur Rahman Bhugra.
- 4 Bhagabati Nayak.
- 5 Anzad Hussain.
- 6 S. M. Mondal
- 7 Nazim Ahmed
- 8 Rujina Sultana
- 9 Pari Sui.
- 10 Bishakha Das.
- 11 Roshmiana Parbion
- 12 Adar' Beperoi
- 13 Padma Das.
- 14 Abida Khatun.
- 15 Udeshona Ray Medhi
- 16 Ritumoni Goswami

17. Ankita Devi
18. Rijumoni Ray
19. Dharmeswari Ray.
20. Sanghamitra Das.
21. Hiyamoni Ray.
22. Janali Roy.
23. Barsha Singha.
24. Darshana Roy.
25. Rumki Sen
26. Hiramoni Ray
27. Shekita Rahman.
28. Sangeta Ray.
29. Karabi Ray.
30. Sahana Parveen.
31. Hasina Khatun.
32. Deepa Ghosh.
33. Yesmina Parbin.
34. Moriom Begum
35. Hemajoti Basma
36. Selima Akter
37. Momotaz Begum
38. Nilee Ba Sarkar
39. Shasmina Sultana
40. Rashida Khatun.
41. Hari Priya Ray.
42. Dharpriya Nath
43. Shoma Sikder
44. Nazima Ahmed.
45. Chandana Mondal
46. Reema Ray
47. Nandita Ray.
49. Archana Ray.
50. Anupama Ray
51. Dipanti Sarkar
52. Sagareika Baruah
53. Anjana Ray

54. Pampa Barman
55. Heena Das.
56. Nikita Ray
57. Mousika Das.
58. Rashmi Khatun
59. Hemolata Das.
60. Anisha Khatun.
61. Krishna Medhi
62. Rijumoni Ray.
63. Jintimani Ray.
64. Priyanka Singha
65. Manashi Das.
66. Barnali Ray
67. Rangumoni Ray
68. Jitumoni Ray
69. Nabarita Goswami
70. Bhakti Priya Ray
71. Janali Ray
72. Gorima Medhi
73. Nazjira Akter
74. Hafijon Khatun
75. Pranami Ray
76. Fazitan Nessa.
77. Jahomara Khatun.
78. Moumina Kausar
79. Azomora Begum.
80. Kalyani Bala Barman.
81. Chimpi Sarma.
82. Namrata Das.
83. Dipamoni Singha
84. Golapi Mandal.
85. Anita Sutradhar
86. Jonali Kalita
87. Nazjin Ahmed
88. Prohati Sutradhar.

89. Manisha Singha.

890. Jyotsna Khatun

91. Luma Nasrin.

92. Delufa & Ranom.

93. Manjira Jaman

94. Dipa Ray.

95. Hasan Bilkis Zahan

96. Jesmina Khatun

97. Kakali Nath

98. Nikumani Ray

99. Kamelika Barman

100. Deepamani Barman

101. Bivanjali Das

102. Sanjita Das

103. Mehamas Begum.

104. Monika Ray

105. Momtaz Begam.

106. Mili Sutradhar.

107. Rupa Bhosmick

108. Shikha Biswas

109. Momi Sutradhar.

110. Bedika Dewi

111. Sushona Das.

112. Nilufa Yesmin

113. Shitima Das.

114. Chandamita Das

115. Papuqa Paul

116. Nabanita Banikya

117. Shima Das.

118. Sonia Yesmine.

119. Pinki Bala Ray.

120. Sengmina Morak

121. Shyamli bala Barman.

122. DUTGA Shyannal

123. Bandana Das

124. Nassim Sultana
125. Dharmeshta Choudhary.
126. Kankana Ray
127. Bibha Ray.
128. Sonia Parben.
129. Tajmin Rahmani
130. Ikumani Ray.
131. Moushumi Ray
132. Nikita Chakraborty
133. Arma Begum.
134. Madhusmita Kalita.
135. Jomani Kalita.
136. Halima Khatun.
137. Sobita Sharma
138. Nisina Das.
139. Chandimi Deri
140. Bhumiika Ray.
141. Kabita Das
142. Tinamoni Das
143. Puja Ray
144. Sobita Sarkar.
145. Bhanupriya Ray.
146. Karabi Ray

Date: 8/3/2019.

## International Women's Day - 2019

The women cell Abhayapuri College in association with A.C.T.C & NSS Unit of the college observed International Women's Day on 8/3/2019 in the college Seminar Hall.

The Theme "Think Equal, Build Smart, Innovate for Change" was discussed in the celebration.

Prof. Jayanta Bora - program officer NSS unit graced the occasion.

Prof. S.B. Choudhury (Co-ordinator Women Cell) delivered a talk on gender equality for women and girls.

### Members Present

- ① Prof. Jayanta Bora -
- ② Prof. S.B. Choudhury - S.Pr. Choudhury
- ③ Sewali Devi
- ④ Anupama Sengupta
- ⑤ Ashraful Islam Ahmed
- ⑥ Nazim Ahmed
- ⑦ Rukmuddin Ahmed
- ⑧ Joyal Abedin
- 9 Musul Islam Chakraborty
- 10 Bhaskar Jyoti Das
- 11 Atwar Rahman Khan
- 12 Niva Das
- 13 Alek Chetri
- 14 Kancharmoni Ray
- 15 Kirtanmoni Ray
- 16 Arundhati Ray
17. Kabita Ray
18. Rupamani Rabha



19. Jeyina Hussain.
20. Girtima Dutta
21. Pinki Ghosh
22. Gayabai Ray
23. Dhammoni Ray
24. Sarngita Sarkar.
25. Kunja Ranjan Ray
26. Sobita Sarkar.
27. Karabi Ray
28. Bhanupriya Ray.
29. Mohesh Ch Ray.
30. Ashok Nath
31. Neelam Kanta Ray.
32. Alija Ray
33. Madhusmita Thakuria
34. Archana Mandal.
35. Barneeli Gayan.
36. Begum Mirzeta Ahmed
37. Rogina Khatun
38. Dulharna Aktar.
39. Nus Amina Khatun
40. Parbini Sultana
41. Monika Das.
42. Rashmi Khatun
43. Sanidul Islam.
44. Abirje Begum
45. Daisy Nath.
46. Pinki Ray
47. Pinki Barman
48. Rani Marak
49. Nayan Das
50. Swapna Medhi
51. Reena Choudhury
52. Japsana Khatun
53. Alpina Khatun

- 54 Harecharan Das
- 55 Manas Jyoti Ray
- 56 Dipjyoti Ray
- 57 Sanjib Kumar Ray
- 58 Harish Das
- 59 Nazma Hafullah
- 60 Gurikhamoni Ray
- 61 Gitima Pathak
- 62 Nijumoni Ray.
- 63 Nitumoni Ray.
- 64 Mallika Ray
- 65 Jyotish Mondal
- 66 Bikash Mondal
- 67 Manakansan Setaochar.
- 68 Shuhonus Ahmed
- 69 Halita Khatun
- 70 Pradiema mandal
- 71 Ali Hussain
- 72 Iyamus Hussain
- 73 Samaduddin
- 74 Nur Alam
- 75 Zahinuz Begum.
- 76 Lia Kat Ali.
- 77 Hassan Miyah
- 78 Osman Ali
- 79 Rashida Ray
80. Krishna Devi Ray
- 81 Deepshikha Ray
- 82 Dhanitree Ray.
- 83 Sofiqul Islam
- 84 Bakkar Ali
- 85 Kohinur Khatun
- 86 Anoma Khatun
- 87 Jynal Abedin.
- 88 Abdul Samad
- 89 Sewali Das

- 90 patima Devi
- 91 Silpa Dutta.
- 92 Karisma Das
- 93 Nita Ray
- 94 Moumita Saikia
- 95 Rukmini Hazarika
- 96 Tahera Khatun
- 97 Sharmistha Ray
- 98 Sahadat Ali
- 99 Moxiom Yesmin
- 100 Jupitora Das
- 101 Getoma Choudhury
- 102 Niren Mondol
- 103 Tikem Das
- 104 Rubi Ray.
- 105 Tikem Barman.
- 106 Tarali Devi
- 107 Biju Kalita
- 108 Nirala Devi
- 109 Jupitara Ray
- 110 Bipul Sarma
- 111 Bhupen Ray
- 112 Bhupen Singha
- 113 Bipasha Devi
- 114 Bhupen Kalita
- 115 Nandita Choudhury
- 116 Kakali Kalita
- 117 Rima Das
- 118 Shantanu Kalita
- 119 Nazim Ahmed
- 120 Bibha Das
- 121 Penki Ray

Date 4/5/2019.

## Mental Health and Stress Management

A Workshop on Mental Health and Stress Management is organized by women cell and NSS Unit Abhayapuri College in association with National Mental Health Program, Assam (NMHP) and District Health Society, Bengaigaon on May 04 2019 at 11 AM in the college Seminar Hall. Dr. O. Chakraborty graced the occasion as the Resource person.

### Teachers and students present in the workshop.

- ① Dr. S. Nath (principal) -
- ② Prof. Simanta Kalita -
- ③ S. Pr. Choudhury
- ④ Sewali Devi
- ⑤ Ashraful Islam Ahmed
- ⑥ Nazma Ahmed
- ⑦ Rukmuddin Ahmed.
- ⑧ Nural Islam Chakder
- ⑨ Anupama Swargisary
- ⑩ Dr. Naga Sujata Das (MD) 4/05/19
- ⑪ Shanta Devi Das
- ⑫ Kanchammai Ray
- ⑬ Rejina Sultana
- ⑭ Joyal Abedin
- ⑮ Rupamanori Rabha
- ⑯ Arundhati Ray
- ⑰ Jeyrma Hussain.
- ⑱ Pinki Ghosh
- ⑲ Gitima Dutta
- ⑳ Kitamomoni Ray
- ㉑ Kabita Ray
- ㉒ Gayabai Ray

23) Dhamoni Ray

24) Saagita Sarkar.

25) Kunja Ranjan Ray

26) Sobita Sarkar

27) Bhanupriya Ray.

28. Karabi Ray

29. Tanmay Shakuria

30. Soumya Jyoti Barman

31. Bitopan Pathak

32. Proamita Datta

33. Ashok Nath

34 Neelam Kanta Ray.

35 Mohesh ch Ray.

36 Howan Rahman Khan

37 Alija Ray

38 Madhusmita Thakuria

39 Archana Mandal.

40 Barnali Gayan.

41 Begum Mirzefa Ahmed

42 Rogina Khatun

43 Dulharna Akter.

44 Nus Amira Khatun

45 Parbin Sultana.

46 Rashmi Khatun.

47 Monika Das.

48 Afriza Begum

49 Sanidul Islam.

50 Rinki Ray

51 Rinki Barman

52 Daisy Nath.

53 Howi Chetan Das

54 Manas Jyoti Ray

55 Dipjyoti Ray

56 Sanjib Kumar Ray

57 Karalsi Paul

58 Narayan Chetri

59 Rina Rajbongshi

60 Juman Das

61 Ritutapa Paul

62 Md. Samad Ali

63 Abdul SK

64 Jiban Das

65 Rani Begum

66 Nandini Malakar

67. Monom Bhuyan

68. Sumi Das