



*Office of the Principal*  
**Abhayapuri College, Abhayapuri**  
(Affiliated to G.U. and accredited with 'B' Grade by NAAC)  
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*Date: 01/05/2019*

**CIRCULAR**



This is for the information of all the concerned a workshop on Mental Health and Stress Management is organized by Women Cell and NSS unit, Abhayapuri College in association with National Mental Health Programme (NMHP) and District Health Society, Bongaigaon on 4<sup>th</sup> May, 2019 at 11 AM in Purna Chandra Seal Seminar Hall, Abhayapuri College, Abhayapuri.

So, all the Teachers, Staff and Students are requested to attend the same.

  
(Dr. S. Nath)  
Principal  
Abhayapuri College  
PRINCIPAL  
ABHAYAPURI COLLEGE  
ABHAYAPURI



Date . 4/5/2019 .

## Mental Health and Stress Management

A Workshop on Mental Health and Stress Management is organised by women cell and NSS Unit Abhayapuri College in association with National Mental Health Program, Assam (NMHP) and District Health Society, Bongaigaon on May 04 2019 at 11 AM in the college Seminar Hall. Dr. Oli Chakraborty graced the occasion as the Resource person.

### Teachers and students present in the workshop

- ① Dr. S. Nath (principal) -
- ② Prof. Simanta Kalita -
- ③ S. Pr. Choudhury
- ④ Sewali Devi
- ⑤ Ashraful Islam Ahmed
- ⑥ Nazma Ahmed
- ⑦ Rukmuddin Ahmed.
- ⑧ Naval Jelen Chakder
- ⑨ Anupama Swargiyary
- ⑩ Dr. Naga Jyoti Das (MD) 4/05/19
- ⑪ Bhanka Jyoti Das
- ⑫ Kanchamoni Ray
- ⑬ Rajina Sultana
- ⑭ Joyal Abedin
- ⑮ Rupamaoni Babha
- ⑯ Arundhatt Ray
- ⑰ Jeyima Hussain.
- ⑱ Pinki Ghosh
- ⑲ Gitima Dutta
- ⑳ Kitammoni Ray
- ㉑ Kabita Ray
- ㉒ Gayabai Ray



20. Dhammoni Ray

21. Sangita Sarkar.

22. Kuntia Ranjan Ray

23. Sabita Sarkar.

24. Phansupriya Ray.

25. Kanali Ray

26. Jannay Thakuria

27. Samov Jyoti Barman

28. Bitopan Pathak

29. Pransit Datta

30. Atok Nath

31. Neelam Kanta Ray.

32. Mohesh Ch Ray.

33. Atowan Rahman Khon

34. Alija Ray

35. Madhusmita Thakuria

36. Archana Mandal.

37. Barnali Gayan.

38. Begum Mirzefa Ahmed

39. Rogina Khatun

40. Dulhama Aktar.

41. Nus Amira Khatun

42. Parbin Sultana.

43. Rasmi Khatun

44. Moneka Das.

45. Aranya Begum

46. Sanidul Islam

47. Rinki Ray

48. Rinki Barman

49. Daisy Nath.

50. Harecharan Das

51. Manas Jyoti Ray

52. Dirjyoti Ray

53. Sanjib Kumar Ray

54. Karalzi Paul

55. Narayan Chetri.



- 59 Rina Rajbongshi
- 60 Jaman Das
- 61 Ritutapa Paul
- 62 Md. Samad Ali
- 63 Abdul SK
- 64 Jiban Das
- 65 Rani Begum
- 66 Nandini Malakar
67. Monom Bhuyan
68. Summi Das

(Dr. S. Nath)


Principal

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Workshop on Mental Health and Stress Management 4<sup>th</sup> May, 2019

  
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